

## HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use VANTAS<sup>®</sup> safely and effectively. See full prescribing information for VANTAS<sup>®</sup>.

VANTAS<sup>®</sup> (histrelin acetate) subcutaneous implant Initial U.S. Approval: 2004

### RECENT MAJOR CHANGES

- WARNINGS AND PRECAUTIONS (5.4, 5.5) 1/2011
- ADVERSE REACTIONS (6.2) 2/2010

### INDICATIONS AND USAGE

VANTAS is a gonadotropin releasing hormone (GnRH) agonist indicated for the palliative treatment of advanced prostate cancer. (1).

### DOSAGE AND ADMINISTRATION

The recommended dose of VANTAS is one implant for 12 months. Each implant contains 50 mg histrelin acetate to deliver 41 mg histrelin. The implant is inserted subcutaneously in the inner aspect of the upper arm (2).

### DOSAGE FORMS AND STRENGTHS

Subcutaneous implant: 50 mg histrelin acetate (3).

### CONTRAINDICATIONS

- Known hypersensitivity to GnRH or GnRH analogs (4.1).
- Pregnancy: VANTAS can cause fetal harm when used during pregnancy (4.2).

### WARNINGS AND PRECAUTIONS

- Transient increase in serum testosterone: detected during the first week of treatment that may result in worsening of tumor symptoms. (5.1)

- Spinal Cord Compression and Urinary Tract Obstruction: may cause paralysis or renal impairment. Monitor patients at risk closely during therapy. (5.2)
- Difficulty Locating or Removing Implant: Loss of or inability to locate or remove an inserted implant has been reported. Caution is recommended. (5.3)
- Hyperglycemia and Diabetes: Hyperglycemia and an increased risk of developing diabetes have been reported in men receiving GnRH analogs. Monitor blood glucose level and manage according to current clinical practice. (5.4)
- Cardiovascular Diseases: Increased risk of myocardial infarction, sudden cardiac death and stroke has been reported in men. Monitor for cardiovascular disease and manage according to current clinical practice. (5.5)

### ADVERSE REACTIONS

- The most common adverse reactions observed in >5% of men: hot flashes, fatigue, implant site reaction, testicular atrophy. (6).

To report SUSPECTED ADVERSE REACTIONS, contact Endo Pharmaceuticals Solutions Inc. at 1-800-462-3636 or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch)

See 17 for PATIENT COUNSELING INFORMATION and Patient Labeling.

Revised: 02/2011

## FULL PRESCRIBING INFORMATION: CONTENTS\*

### 1 INDICATIONS AND USAGE

### 2 DOSAGE AND ADMINISTRATION

- 2.1 Recommended Dose
- 2.2 Recommended Procedure for Implant Insertion and Removal

### 3 DOSAGE FORMS AND STRENGTHS

### 4 CONTRAINDICATIONS

- 4.1 Hypersensitivity
- 4.2 Pregnancy

### 5 WARNINGS AND PRECAUTIONS

- 5.1 Transient Increase in Serum Testosterone
- 5.2 Spinal Cord Compression and Urinary Tract Obstruction
- 5.3 Difficulty Locating or Removing Implant
- 5.4 Hyperglycemia and Diabetes
- 5.5 Cardiovascular Disease
- 5.6 Laboratory Tests

### 6 ADVERSE REACTIONS

- 6.1 Adverse Reactions in Clinical Trials
- 6.2 Post-marketing

### 7 DRUG INTERACTIONS

### 8 USE IN SPECIFIC POPULATIONS

- 8.1 Pregnancy
- 8.3 Nursing Mothers
- 8.4 Pediatric Use

### 10 OVERDOSAGE

### 11 DESCRIPTION

### 12 CLINICAL PHARMACOLOGY

- 12.1 Mechanism of Action
- 12.3 Pharmacokinetics

### 13 NONCLINICAL TOXICOLOGY

- 13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

### 14 CLINICAL STUDIES

### 16 HOW SUPPLIED/STORAGE AND HANDLING

### 17 PATIENT COUNSELING INFORMATION

\* Sections or subsections omitted from the full prescribing information are not listed

## FULL PRESCRIBING INFORMATION

### 1 INDICATIONS AND USAGE

VANTAS is indicated for the palliative treatment of advanced prostate cancer.

### 2 DOSAGE AND ADMINISTRATION

#### 2.1 Recommended Dose

The recommended dose of VANTAS is one implant for 12 months. Each implant contains 50 mg histrelin acetate to deliver 41 mg histrelin. The implant is inserted subcutaneously in the inner aspect of the upper arm and provides continuous release of histrelin (50 mcg/day) for 12 months of hormonal therapy. VANTAS should be removed after 12 months of therapy (the implant has been designed to allow for a few additional weeks of histrelin release, in order to allow flexibility of medical appointments). At the time an implant is removed, another implant may be inserted to continue therapy.

#### 2.2 Recommended Procedure

This procedure section is intended to provide guidance for the insertion and removal of VANTAS.

Insertion of a new implant can proceed using the following **Insertion Procedure**. If a previous VANTAS implant must first be removed, please see the **Removal Procedure** instructions below.

#### Insertion Procedure

Many of the supplies necessary to insert the implant, including the Insertion Tool and local anesthetic, are provided in a separate Implantation Kit that is shipped along with the implant. Please note that the implant, in its sealed vial, pouch, and carton, must be kept refrigerated (2-8°C) until needed for the procedure. Once removed from refrigeration, the vial containing the implant (still in its unopened pouch and carton) may remain at room temperature for up to 7 days, if necessary, before being used. If not used in that time, the packaged implant may again be properly refrigerated until the expiration date on the carton.

NOTE: The Implantation Kit is to be stored at 20° to 25°C (68° to 77°F) [See USP Controlled Room Temperature] only.

Insertion of the VANTAS implant is a surgical procedure. Sterile gloves and aseptic technique must be used to minimize any chance of infection.

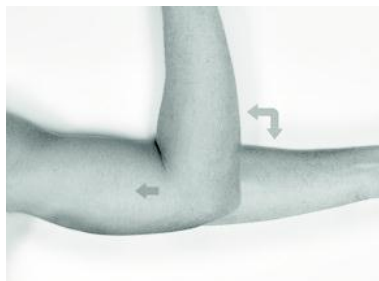
#### 1. Setting up the Sterile Field

Using proper aseptic technique, the sterilized components of the Implantation Kit needed for the insertion procedure, including the Insertion Tool, are to be carefully dispensed from their packaging onto the Sterile Field drape (*non-fenestrated*) provided. NOTE THAT THE KIT BOX AND ALL PACKAGING, INCLUDING THE SURFACE OF THE VIALS, ARE NOT STERILE and should be kept off of the Sterile Field drape.

The implant vial should not be opened until just before the time of insertion. Open the vial by removing the metal band and carefully pour the sterile contents (implant and sterile saline) onto the Sterile Field drape. The implant can then be handled with sterile gloves or with the sterile mosquito clamp provided.

#### 2. Preparing the Patient and the Insertion Site

The patient should be on his back, ideally with the arm least used (e.g., left arm for a right-handed person) positioned either bent or extended so that the physician has ready access to the inner aspect of the upper arm. Propping the arm with pillows may help the patient more easily hold the position. The suggested optimum site for subcutaneous insertion is approximately half-way between the shoulder and the elbow, in line with the crease between the biceps and triceps muscles.



### *Antiseptic*

Swab the insertion area with topical antiseptic, then overlay with the *fenestrated* Sterile Field drape provided, so that the opening is over the insertion site (for clarity of illustration, the following images do not show the drape).



### *Anesthetic*

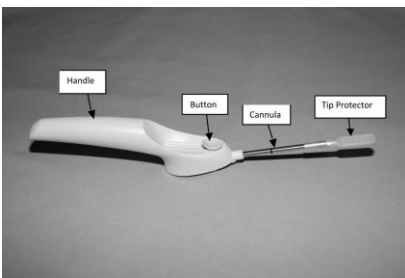
The method of anesthesia utilized (i.e., local, conscious sedation, general) is at the discretion of the healthcare provider.



If local anesthesia is selected: a vial of sterile lidocaine HCL 1% with epinephrine (note that the exterior of the vial is not sterile) has been provided along with a sterile hypodermic needle for injection. After determining the absence of known allergies to the anesthetic agent, inject anesthetic into the subcutaneous tissue, starting at the planned incision site, then infiltrating along the intended subcutaneous insertion path, up to the length of the implant (a little more than one inch).

### 3. Loading the Insertion Tool

The sterile Insertion Tool is comprised of a fixed handle attached to a retractable, bevel-tipped cannula, into the chamber of which the implant is placed for subcutaneous insertion. Inside the fully extended cannula, up to the level of the black marking, is a fixed piston upon which the implant rests. During the final step of the insertion procedure, the cannula will be retracted into the handle using the slide mechanism (green button), thereby exposing and leaving the implant to remain in the subcutaneous tissue.



When first grasping the sterile Insertion Tool, confirm that the cannula is fully extended. Verify this by inspecting the position of the green retraction button. The button should be locked in position all the way forward, towards the cannula, farthest from the handle.



The implant can be picked up using sterile gloves or with the sterile mosquito clamp provided. Avoid bending or pinching the implant. Note that the implant may come out of its vial slightly curved after refrigerated storage. To help make the implant more symmetrical prior to loading into the Tool, you can roll the implant a few times (using a sterile glove) between the fingers and thumb.

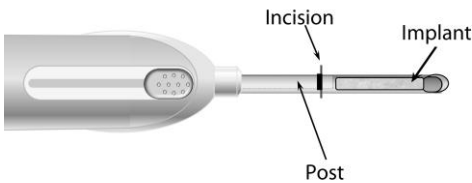
Insert the implant into the cannula of the Insertion Tool manually or using the mosquito clamp. When inserting the implant into the cannula, **DO NOT FORCE** the implant. If resistance is felt, the implant should be removed and manually manipulated or rolled as needed, and re-inserted into the cannula.



or



When fully inserted, the implant rests inside the cannula so that just the tip of the implant is visible at the beveled end of the cannula.



#### 4. Making the Incision

Using the sterile scalpel provided, make an incision transverse to the long axis of the arm, and of a size adequate to allow the bore of the cannula to be inserted into the subcutaneous tissue.



#### 5. Inserting the Implant

The insertion may be easier if a “pocket” for the implant is first created by blunt dissection through the incision, subcutaneously along the path of the anesthetic, using the cannula of the loaded Insertion Tool, or using a sterile hemostatic clamp or equivalent surgical tool.

Be sure to **VISIBLY RAISE THE SKIN** (known as tenting) at all times during the pocket-making and insertion procedures to ensure correct subcutaneous placement (“just under the skin”) of the implant. Note that the cannula of the Insertion Tool, or whatever tool is being used to create the pocket, **SHOULD NOT ENTER MUSCLE TISSUE**. Deep insertion of the implant will not affect the performance of VANTAS, but may cause difficulty in the later removal of the implant.

If using the cannula of the loaded Insertion Tool to create the pocket, carefully insert the tip of the cannula into the incision and advance through the subcutaneous tissue, while visibly raising the skin along the length of the cannula up to, but no farther than, the inscribed black line on the cannula. **DO NOT DEPRESS THE GREEN RETRACTION BUTTON ON THE TOOL WHILE INSERTING OR ADVANCING THE TOOL INTO THE INCISION.**

Pull the Tool back, almost to the beveled tip of the cannula, and advance the Tool forward again, so that the cannula re-enters the pocket completely, but no farther than the inscribed black line. Be sure to keep the insertion path just immediately subcutaneous.

If another tool was used to create the pocket, now insert the loaded cannula of the Insertion Tool containing the implant through the incision, up to the inscribed black line.



Hold the Insertion Tool in place with the base against the patient’s arm as you carefully move your thumb to the green retraction button. Depress the button to release the locking mechanism, then slide the button back toward the handle until it stops, all the while holding the body of the Insertion Tool in place.



Retracting the button causes the cannula to withdraw from the incision, leaving the implant in the subcutaneous tissue. **DO NOT FURTHER ADVANCE THE CANNULA ONCE THE RETRACTION PROCESS HAS STARTED.** Likewise, do not withdraw the

Insertion Tool until the button is fully retracted or the implant may be pulled partially out of the incision. Once the retraction is complete, the Tool can be fully withdrawn.

**NOTE:** It is helpful during the process of retraction and withdrawal of the cannula to apply pressure to the skin over the implant, to help ensure that the implant remains in the subcutaneous pocket.

If there is a need to re-start the process at any time during the insertion procedure, withdraw the Insertion Tool, carefully extract the implant from the cannula and reset the retraction button on the Tool to its forward-most position. Examine the implant before reloading the implant into the Insertion Tool, and start again.

Placement of the implant should be confirmed by palpation. Note that the tip of a properly-placed implant may not be visible through the incision.

After implantation, briefly cover the site with a sterile gauze pad and apply pressure to ensure hemostasis.

#### 6. Closing the Incision

To close the incision, you can use the absorbable sutures and/or the sterile adhesive surgical strips provided. To improve adhesion of the strips, you can apply benzoin tincture antiseptic (provided) to the skin, and let it dry, before applying the adhesive strips.



Once closed, cover the incision site with sterile gauze pads and secure the dressing with the bandage provided.

Please provide the patient with a Patient Information Leaflet, which includes information about the implant and instructions on proper care of the insertion site.

#### **Removal Procedure**

VANTAS should be removed after 12 months of therapy. Most of the supplies necessary to remove the implant, including the local anesthetic and the sterile mosquito clamp, are provided in the Implantation Kit that is shipped along with a new VANTAS implant. Note that the Implantation Kit is to be stored at 20° to 25°C (68° to 77°F) [See USP Controlled Room Temperature] only. See the **Insertion Procedure** above for further instructions.

Removal of the VANTAS implant is a surgical procedure. Sterile gloves and aseptic technique must be used to minimize any chance of infection.

#### 1. Setting up the Sterile Field

Using proper aseptic technique, the sterilized components of the Implantation Kit needed for the implant removal procedure are to be carefully dispensed from their packaging onto the Sterile Field drape (*non-fenestrated*) provided. **NOTE THAT THE KIT BOX AND ALL PACKAGING, INCLUDING THE SURFACE OF THE VIALS, ARE NOT STERILE** and should be kept off of the Sterile Field drape.

#### 2. Preparing the Patient and the Site

The patient should be on his back, with the arm containing the implant positioned, either bent or extended, so that the physician has ready access to the inner aspect of the upper arm. Propping the arm with pillows may help the patient more easily hold the position.

The implant to be removed should first be located by palpating the inner aspect of the upper arm, near the incision from the prior year.



Generally, the previous implant is readily palpated. In the event the implant is difficult to locate, ultrasound may be used. If ultrasound fails to locate the implant, other imaging techniques such as CT or MRI may be used to locate it (plain films are not recommended as **the implant is not radiopaque**).

#### *Antiseptic*

Swab the area above and around the previous implant with topical antiseptic. Overlay the area with the *fenestrated* Sterile Field drape provided, so that the hole is over the previous insertion site (for clarity of illustration, the following images do not show the drape).



#### *Anesthetic*

The method of anesthesia utilized (i.e., local, conscious sedation, general) is at the discretion of the healthcare provider.



If local anesthesia is selected: a vial of sterile lidocaine HCL with 1% epinephrine (note that the exterior of the vial is not sterile) has been provided along with a sterile hypodermic needle for injection. After determining the absence of known allergies to the anesthetic agent, inject anesthetic into the subcutaneous tissue at and around the site of the intended incision (the site of the previous implant).

### 3. Making the Incision and Removing the Implant

Using the sterile scalpel provided, make an incision of a size adequate to allow the implant to be easily removed and, if a new implant will be inserted, large enough for the bore of the cannula of the Insertion Tool provided.



Generally, the tip of the implant will be visible through the incision, possibly covered by a pseudocapsule of tissue. In order to facilitate the removal of the implant, it may be necessary to palpate the head of the implant through the incision using your smallest finger, especially if the head of the implant is not readily visible. In addition, you may need to push down on the distal end of the implant and “massage it forward” toward the incision.

Carefully nick the pseudocapsule to reveal the polymer tip of the implant. It may be beneficial to insert the sterile mosquito clamp provided into the hole created in the pseudocapsule and expand by opening the clamp. Widening the opening of the pseudocapsule may ease the extraction of the implant.

Gently but securely grasp the implant with the sterile mosquito clamp and extract the implant.



Dispose of the implant in a proper manner, treating it like any other biowaste.

Briefly cover the site with a sterile gauze pad and apply pressure to ensure hemostasis.

If inserting a new implant, see the **Insertion Procedure** instructions provided above. Note that you can insert the new implant into the same “pocket” as the removed implant, or make a new incision at a different site in the same arm or in the contralateral arm.

If a new implant is not to be inserted, proceed to close the incision.

#### 4. Closing the Incision

To close the incision, you can use the absorbable sutures and/or the sterile adhesive surgical strips provided. To improve adhesion of the strips, you can apply benzoin tincture antiseptic (provided) to the skin, and let it dry, before applying the adhesive strips.



Once closed, cover the incision site with sterile gauze pads and secure the dressing with the bandage provided.

### 3 DOSAGE FORMS AND STRENGTHS

VANTAS® (histrelin acetate) implant is a sterile, non-biodegradable, diffusion-controlled MedLaunch™ polymer (also known as “hydrogel”) reservoir containing histrelin acetate, a synthetic nonapeptide analog of the naturally occurring gonadotropin releasing hormone (GnRH). VANTAS is designed to deliver approximately 50 mcg histrelin acetate per day (equivalent to approximately 41 mcg histrelin per day) over 12 months.

## **4 CONTRAINDICATIONS**

### **4.1 Hypersensitivity**

VANTAS is contraindicated in patients with hypersensitivity to GnRH, GnRH agonist analogs, or any of the components in VANTAS. Anaphylactic reactions to synthetic GnRH agonist analogs have been reported in the literature.

### **4.2 Pregnancy**

VANTAS can cause fetal harm when administered to a pregnant woman. VANTAS is contraindicated in women who are or may become pregnant. Effects on fetal mortality are expected consequences of the alterations in hormonal levels brought about by this drug. The possibility exists that spontaneous abortion may occur. There are no adequate and well-controlled studies in pregnant women. In nonclinical studies, histrelin was teratogenic and fetotoxic. If this drug is used during pregnancy, or if the patient becomes pregnant while taking this drug, the patient should be apprised of the potential hazard to a fetus. [see *Use in Specific Populations* (8.1)].

## **5 WARNINGS AND PRECAUTIONS**

### **5.1 Transient Increase in Serum Testosterone**

VANTAS causes a transient increase in serum concentrations of testosterone during the first week of treatment. Patients may experience worsening of symptoms or onset of new symptoms, including bone pain, neuropathy, hematuria, or ureteral or bladder outlet obstruction.

### **5.2 Spinal Cord Compression and Urinary Tract Obstruction**

Cases of spinal cord compression, which may result in paralysis, and ureteral obstruction, which may cause renal impairment, have been reported with GnRH agonists. Patients with metastatic vertebral lesions and/or with urinary tract obstruction should be closely observed during the first few weeks of therapy.

### **5.3 Difficulty Locating or Removing Implant**

In all clinical trials combined, an implant was not recovered in 8 patients. For two of these [see *Clinical Studies* (14)], serum testosterone rose above castrate level and the implant was neither palpable nor visualized with ultrasound. These two implants were believed to have been extruded without appreciation by the patients. In the other six, serum testosterone remained below the castrate level, but the implant was not palpable. No further diagnostic tests were conducted. One of these patients underwent in-clinic surgical exploration that did not locate the implant.

Implant insertion is a surgical procedure. Careful adherence to the recommended Insertion and Removal Procedures [see *Dosage and Administration* (2.2)] is advised to minimize the potential for complications and for implant expulsion. In addition, patients should be instructed to refrain from wetting the arm for 24 hours and from heavy lifting or strenuous exertion of the inserted arm for 7 days after implant insertion.

### **5.4 Hyperglycemia and Diabetes**

Hyperglycemia and an increased risk of developing diabetes have been reported in men receiving GnRH agonists. Hyperglycemia may represent development of diabetes mellitus or worsening of glycemic control in patients with diabetes. Monitor blood glucose and/or glycosylated hemoglobin (HbA1c) periodically in patients receiving a GnRH agonist and manage with current practice for treatment of hyperglycemia or diabetes.

### **5.5 Cardiovascular Disease**

Increased risk of developing myocardial infarction, sudden cardiac death and stroke has been reported in association with use of GnRH agonists in men. The risk appears low based on the reported odds ratios, and should be evaluated carefully along with cardiovascular risk factors when determining a treatment for patients with prostate cancer. Patients receiving a GnRH agonist should be monitored for symptoms and signs suggestive of development of cardiovascular disease and be managed according to current clinical practice.

## 5.6 Laboratory Tests

Response to VANTAS should be monitored by measuring serum concentrations of testosterone and prostate-specific antigen periodically, especially if the anticipated clinical or biochemical response to treatment has not been achieved.

Results of testosterone determinations are dependent on assay methodology. It is advisable to be aware of the type and precision of the assay methodology to make appropriate clinical and therapeutic decisions.

## 6 ADVERSE REACTIONS

### 6.1 Adverse Reactions in Clinical Trials

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in practice.

The safety of VANTAS was evaluated in 171 patients with prostate cancer treated for up to 36 months in two clinical trials. The pivotal study (Study 1) consisted of 138 patients, while a separate supportive study (Study 2) consisted of 33 patients.

VANTAS, like other GnRH analogs, caused a transient increase in serum testosterone concentrations during the first week of treatment. Therefore, potential exacerbations of signs and symptoms of the disease during the first few weeks of treatment are of concern in patients with vertebral metastases and/or urinary obstruction or hematuria. If these conditions are aggravated, it may lead to neurological problems such as weakness and/or paresthesia of the lower limbs or worsening of urinary symptoms (*see Warnings and Precautions (5.1)*).

In the first 12 months after initial insertion of the implant(s), an implant extruded through the incision site in eight of 171 patients in the clinical trials (see the Recommended Procedure for correct implant placement).

In the pivotal study (Study 1) a detailed evaluation for implant site reactions was conducted. Out of the 138 patients in the study, 19 patients (13.8%) experienced local or insertion site reactions. All these local site reactions were reported as mild in severity. The majority were associated with initial insertion or removal and insertion of a new implant, and began and resolved within the first two weeks following implant insertion. Reactions persisted in 4 (2.8%) patients. An additional 4 (2.8%) patients developed application-site reactions after the first two weeks following insertion.

Local reactions after implant insertion included bruising (7.2% of patients) and pain/soreness/tenderness (3.6% of patients). Other, less frequently reported, reactions included erythema (2.8% of patients) and swelling (0.7% of patients). In this study, two patients had events described as local infections/inflammations, one that resolved after treatment with oral antibiotics and the other without treatment.

Local reactions following insertion of a subsequent implant were comparable to those seen after initial insertion.

The following possibly or probably related systemic adverse events occurred during clinical trials of up to 24 months of treatment with VANTAS, and were reported in  $\geq 2\%$  of patients (Table 1).

**Table 1: Incidence (%) of Possibly or Probably Related Systemic Adverse Events Reported by  $\geq 2\%$  of Patients Treated with VANTAS for up to 24 Months**

Body System	Adverse Event	Number (%)
Vascular Disorders	Hot flashes*	112 (65.5%)
General Disorders	Fatigue	17 (9.9%)
	Weight increased	4 (2.3%)
Skin and Appendage Disorders	Implant site reaction	10 (5.8%)
Reproductive System and Breast Disorders	Erectile dysfunction*	6 (3.5%)
	Gynecomastia*	7 (4.1%)
	Testicular atrophy*	9 (5.3%)
Psychiatric Disorders	Insomnia	5 (2.9%)
	Libido decreased*	4 (2.3%)
Renal and Urinary Disorders	Renal impairment**	8 (4.7%)
Gastrointestinal Disorders	Constipation	6 (3.5%)
Nervous System Disorders	Headache	5 (2.9%)

\* Expected pharmacological consequences of testosterone suppression.

\*\* 5 of the 8 patients had a single occurrence of mild renal impairment (defined as creatinine clearance  $30 < 60$  mL/min), which returned to a normal range by the next visit.

Hot flashes were the most common adverse event reported (65.5% of patients). In terms of severity, 2.3% of patients reported severe hot flashes, 25.4% of patients reported moderate hot flashes and 37.7% reported mild hot flashes. In addition, the following possibly or probably related systemic adverse events were reported by  $< 2\%$  of patients using VANTAS in clinical studies.

- *Blood and Lymphatic System Disorders:* Anemia
- *Cardiac Disorders:* Palpitations, ventricular extrasystoles
- *Gastrointestinal Disorders:* Abdominal discomfort, nausea
- *General Disorders:* Feeling cold, lethargy, malaise, edema peripheral, pain, pain exacerbated, weakness, weight decreased
- *Hepatobiliary Disorders:* Hepatic disorder
- *Injury, Poisoning and Procedural Complications:* Stent occlusion
- *Laboratory Investigations:* Aspartate aminotransferase increased, blood glucose increased, blood lactate dehydrogenase increased, blood testosterone increased, creatinine clearance decreased, prostatic acid phosphatase increased
- *Metabolism and Nutrition Disorders:* Appetite increased, fluid retention, food craving, hypercalcaemia, hypercholesterolemia
- *Musculoskeletal and Connective Tissue Disorders:* Arthralgia, back pain, back pain aggravated, bone pain, muscle twitching, myalgia, neck pain, pain in limb
- *Nervous System Disorders:* Dizziness, tremor
- *Psychiatric Disorders:* Depression, irritability
- *Renal and Urinary Disorders:* Calculus renal, dysuria, hematuria aggravated, renal failure aggravated, urinary frequency, urinary frequency aggravated, urinary retention
- *Reproductive System and Breast Disorders:* Breast pain, breast tenderness, genital pruritus male, gynecomastia aggravated, sexual dysfunction
- *Respiratory, Thoracic and Mediastinal Disorders:* Dyspnea exertional
- *Skin and Subcutaneous Tissue Disorders:* Contusion, hypotrichosis, night sweats, pruritus, sweating increased
- *Vascular Disorders:* Flushing, hematoma
- *Changes in Bone Density:* Decreased bone density has been reported in the medical literature in men who have had orchiectomy or who have been treated with a GnRH agonist analog. It can be anticipated that long periods of medical castration in men will have effects on bone density.

## 6.2 Post-marketing

The following adverse reactions have been identified during post approval use of VANTAS. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

*Pituitary Apoplexy:* Cases of pituitary apoplexy (a clinical syndrome secondary to infarction of the pituitary gland) have been reported after the administration of gonadotropin-releasing hormone agonists. In a majority of these cases, a pituitary adenoma was diagnosed with a majority of pituitary apoplexy cases occurring within 2 weeks of the final dose, and some within the first hour. In these cases, pituitary apoplexy has presented as sudden headache, vomiting, visual changes, ophthalmoplegia, altered mental status, and sometimes cardiovascular collapse. Immediate medical attention has been required.

*Drug-Induced Liver Injury:* Severe liver injury has been reported in association with VANTAS. The toxicity was reversible with the removal of the VANTAS implant.

## **7 DRUG INTERACTIONS**

Overview: No pharmacokinetic-based drug-drug interaction studies were conducted with VANTAS [see *Clinical Pharmacology (12.3)*].

Drug-Laboratory Test Interactions: Therapy with histrelin results in suppression of the pituitary-gonadal system. Results of diagnostic tests of pituitary gonadotropic and gonadal functions conducted during and after histrelin therapy may be affected.

## **8 USE IN SPECIFIC POPULATIONS**

### **8.1 Pregnancy**

Pregnancy Category X. [see *Contraindications (4.2)*]

VANTAS is contraindicated in females who are or may become pregnant. VANTAS can cause fetal harm when administered to a pregnant woman. The possibility exists that spontaneous abortion may occur. Major fetal abnormalities were observed in rabbits but not in rats after administration of histrelin acetate throughout gestation. There were increased fetal mortality and decreased fetal weights in rats and rabbits. These effects on fetal mortality are expected consequences of the alterations in hormonal levels brought about by this drug. If this drug is used during pregnancy, or if the patient becomes pregnant while taking this drug, the patient should be apprised of the potential hazard to the fetus.

### **8.3 Nursing Mothers**

VANTAS is not indicated for use in women. It is not known whether this drug is excreted in human milk. Because many drugs are excreted in human milk and because of the potential for serious adverse reactions in nursing infants from VANTAS, a decision should be made whether to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother.

### **8.4 Pediatric Use**

VANTAS is not indicated for use in pediatric patients.

## **10 OVERDOSAGE**

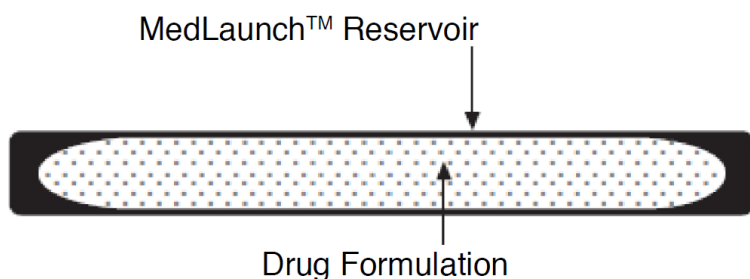
Histrelin acetate injection of up to 200 mcg/kg (rats, rabbits), or 2000 mcg/kg (mice) resulted in no systemic toxicity. This represents 20 to 200 times the maximal recommended human dose of 10 mcg/kg/day. Adverse event profiles were similar in patients receiving one, two or four VANTAS implants.

## **11 DESCRIPTION**

VANTAS<sup>®</sup> (histrelin acetate) implant is a sterile, non-biodegradable, diffusion-controlled MedLaunch<sup>™</sup> polymer reservoir containing histrelin acetate, a synthetic nonapeptide analog of the naturally occurring gonadotropin releasing hormone (GnRH). VANTAS is designed to deliver approximately 50 mcg histrelin acetate per day (equivalent to approximately 41 mcg histrelin per day) over 12 months.

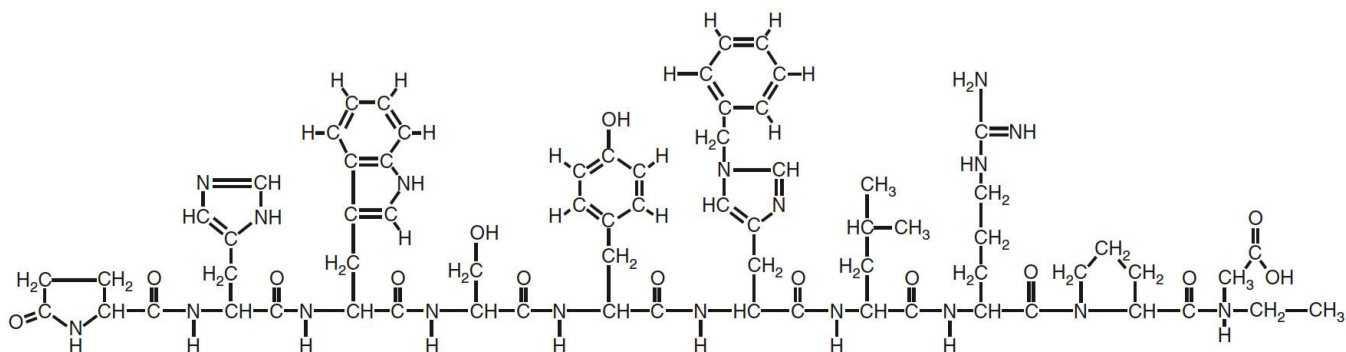
The sterile VANTAS implant looks like a small thin flexible tube and consists of a 50-mg histrelin acetate drug core inside a 3.5 cm by 3 mm, cylindrical MedLaunch<sup>™</sup> polymer reservoir (Figure A).

**Figure A. VANTAS Implant diagram (not to scale)**



Histrelin acetate is chemically described as: 5-oxo-L-prolyl-L-histidyl-L-tryptophyl-L-seryl-L-tyrosyl-Ntbenzyl-D-histidyl-L-leucyl-L-arginyl-N-ethyl-L-prolinamide acetate (salt)  $[C_{66}H_{86}N_{18}O_{12} (1.7-2.8 \text{ moles}) CH_3COOH, (0.6-7.0 \text{ moles}) H_2O]$ , with the molecular weight of 1443.70 (or 1323.50 as histrelin base).

Histrelin acetate has the following structural formula:



The drug core also contains the inactive ingredient stearic acid NF. The MedLaunch™ polymer reservoir is a hydrophilic cartridge composed of 2-hydroxyethyl methacrylate, 2-hydroxypropyl methacrylate, trimethylolpropane trimethacrylate, benzoin methyl ether, Perkadox-16, and Triton X-100. Each implant is packaged hydrated in a glass vial containing 2 mL of sterile 1.8% sodium chloride solution. The implant is primed for immediate release of the drug upon insertion.

A single use, sterile Insertion Tool is provided along with the implant that may be used for the placement of the implant into the subcutaneous tissue of the inner aspect of the upper arm. The Insertion Tool is enclosed in a sterile bag and is provided separately from the implant in the Implantation Kit [see Dosage and Administration (2.2)].

## 12 CLINICAL PHARMACOLOGY

### 12.1 Mechanism of Action

Histrelin acetate is a gonadotropin releasing hormone (GnRH) agonist that acts as a potent inhibitor of gonadotropin secretion when given continuously in therapeutic doses. Both animal and human studies indicate that following an initial stimulatory phase, chronic, subcutaneous administration of histrelin acetate desensitizes responsiveness of the pituitary gonadotropin which, in turn, causes a reduction in testicular steroidogenesis.

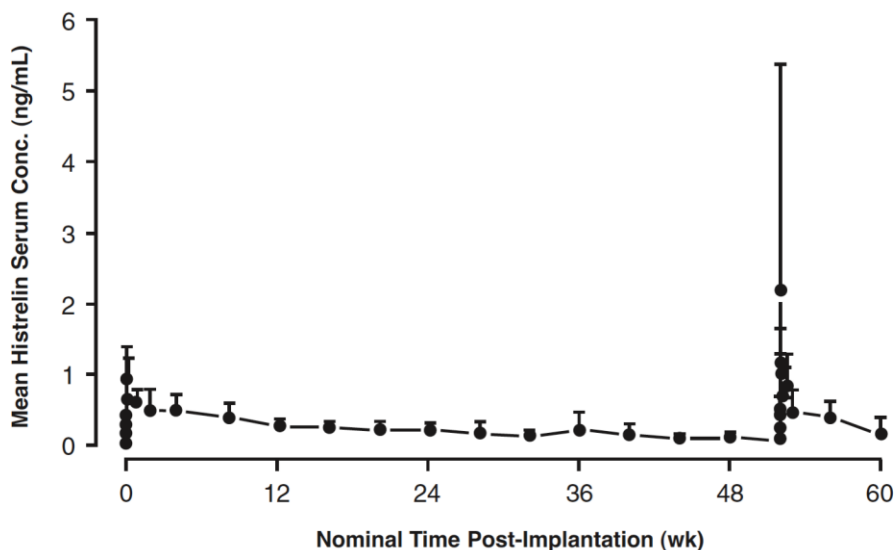
In humans, administration of histrelin acetate results in an initial increase in circulating levels of luteinizing hormone (LH) and follicle-stimulating hormone (FSH), leading to a transient increase in concentration of gonadal steroids (testosterone and dihydrotestosterone in males); however, continuous administration of histrelin acetate results in decreased levels of LH and FSH due to a reversible down-regulation of the GnRH receptors in the pituitary gland and desensitization of the pituitary gonadotropes. In males, testosterone is reduced to castration levels. These decreases occur within 2 to 4 weeks after initiation of treatment.

Histrelin acetate is not active when given orally.

### 12.3 Pharmacokinetics

**Absorption:** Following subcutaneous insertion of one VANTAS implant in advanced prostate cancer patients (n = 17), peak serum concentrations of  $1.10 \pm 0.375$  ng/mL (mean  $\pm$  SD) occurred at a median of 12 hours. Continuous subcutaneous release was evident, as serum levels were sustained throughout the 52 week dosing period (see Figure 1). The mean serum histrelin concentration at the end of the 52 week treatment duration was  $0.13 \pm 0.065$  ng/mL. When histrelin serum concentrations were measured following a second implant inserted after 52 weeks, the observed serum concentrations over 8 weeks following the second implant were comparable to the same period following the first implant. The average rate of subcutaneous drug release from 41 implants assayed for residual drug content was  $56.7 \pm 7.71$  mcg/day, over the 52 week dosing period. The relative bioavailability for the VANTAS implant in prostate cancer patients with normal renal and hepatic function compared to a subcutaneous bolus dose in healthy male volunteers was 92%. Serum histrelin concentrations were proportional to dose after one, two or four 50 mg VANTAS implants (50, 100 or 200 mg as histrelin acetate) in 42 prostate cancer patients.

**Figure 1:** Mean Serum Histrelin Concentration versus Time Profile for 17 Patients Following Insertion of First and Second VANTAS Implants. (Note that only four patients underwent intensive pharmacokinetic sampling during the first 96 hours following the second implant.)



**Distribution:** The apparent volume of distribution of histrelin following a subcutaneous bolus dose (500 mcg) in healthy volunteers was  $58.4 \pm 7.86$  L. The fraction of drug unbound in plasma measured *in vitro* was  $29.5\% \pm 8.9\%$  (mean  $\pm$  SD).

**Metabolism:** An *in vitro* drug metabolism study using human hepatocytes identified a single histrelin metabolite resulting from C-terminal dealkylation. Peptide fragments resulting from hydrolysis are also likely metabolites. Following a subcutaneous bolus dose in healthy volunteers the apparent clearance of histrelin was  $179 \pm 37.8$  mL/min (mean  $\pm$  SD) and the terminal half-life was  $3.92 \pm 1.01$  hr (mean  $\pm$  SD). The apparent clearance following a 50 mg (as histrelin acetate) VANTAS implant in 17 prostate cancer patients was  $174 \pm 56.5$  mL/min (mean  $\pm$  SD).

**Excretion:** No drug excretion study was conducted with VANTAS implants.

**Special Populations:**

**Geriatrics:** The majority (89.9%) of the 138 patients studied in the pivotal clinical trial were age 65 and over.

**Pediatrics:** VANTAS is not indicated for use in pediatric patients. [see Use in Specific Populations (8.4)].

**Race:** When serum histrelin concentrations were compared for 7 Hispanic, 30 Black and 77 Caucasian patients, average serum histrelin concentrations were similar.

**Renal Insufficiency:** When average serum histrelin concentrations were compared between 42 prostate cancer patients with mild to severe renal impairment (CLcr: 15-60 mL/min) and 92 patients with no renal or hepatic impairment, levels were approximately 50% higher in those patients with renal impairment (0.392 ng/mL versus 0.264 ng/mL). These changes in exposure as a result of renal

impairment are not considered to be clinically relevant. Therefore, no changes in drug dosing are warranted for these patient subpopulations.

**Hepatic insufficiency:** The influence of hepatic insufficiency on histrelin pharmacokinetics has not been adequately studied.

**Drug-Drug Interactions:** No pharmacokinetic-based drug-drug interaction studies were conducted with VANTAS.

## 13 NONCLINICAL TOXICOLOGY

### 13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

Carcinogenicity studies were conducted in rats for 2 years at doses of 5, 25 or 150 mcg/kg/day (up to 22 times human exposures using body surface area comparisons, based on a 65 mcg/day dose in adults) and in mice for 18 months at doses of 20, 200, or 2000 mcg/kg/day (up to 150 times human exposure using body surface area comparisons, based on a 65 mcg/day dose in adults). As seen with other GnRH agonists, histrelin acetate injection administration was associated with an increase in tumors of hormonally responsive tissues. There was a significant increase in pituitary adenomas in rats. There was an increase in pancreatic islet-cell adenomas in treated female rats and a non-dose-related increase in testicular Leydig-cell tumors (highest incidence in the low-dose group). In mice, there was significant increase in mammary-gland adenocarcinomas in all treated females. In addition, there were increases in stomach papillomas in male rats given high doses, and an increase in histiocytic sarcomas in female mice at the highest dose.

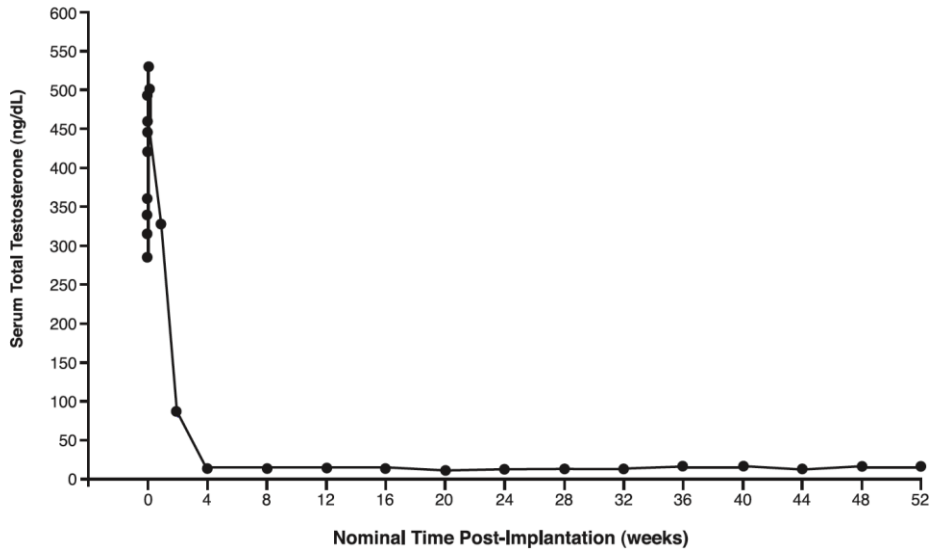
Mutagenicity studies have not been performed with histrelin acetate. Saline extracts of implants with and without histrelin were negative in a battery of genotoxicity studies. Studies examining fertility following withdrawal of histrelin acetate have been conducted in rats and monkeys given subcutaneous daily doses of histrelin acetate for 6 months, at doses of up to 180 mcg/kg/day (up to 27-times [rat] and 54-times [monkey] adult clinical exposures using body surface area comparisons, based on a 65 mcg/day dose in humans). Full reversibility of fertility suppression was demonstrated. The development and reproductive performance of offspring from parents treated with histrelin acetate has not been investigated.

## 14 CLINICAL STUDIES

In one open-label, multicenter, Phase 3 study (Study 1), 138 patients with prostate cancer were treated with a single VANTAS implant and were evaluated for at least 60 weeks. Of these, 37 patients had Jewett stage C disease, 29 had stage D disease, and the remaining 72 patients had an elevated or rising serum PSA after definitive therapy for localized disease. Serum testosterone levels were assessed as the primary efficacy endpoint to evaluate both achievement and maintenance of castrate testosterone suppression, with treatment success being defined as a serum testosterone level  $\leq 50$  ng/dL. At Week 52, the study included the option for removal and insertion of a new implant, with evaluation for an additional 52 weeks (the “extension phase”). A total of 120 patients completed the initial 52-week treatment period. Reasons for discontinuation were: death (n=6), disease progression (n=5), implant expulsion (n=3), hospice placement (n=2), and patient request/no specific reason given (n=2). Of the 120 patients who successfully completed 52 weeks of treatment, 111 were evaluable for efficacy. A total of 113 patients underwent removal of the first implant and insertion of a second implant for another year of therapy.

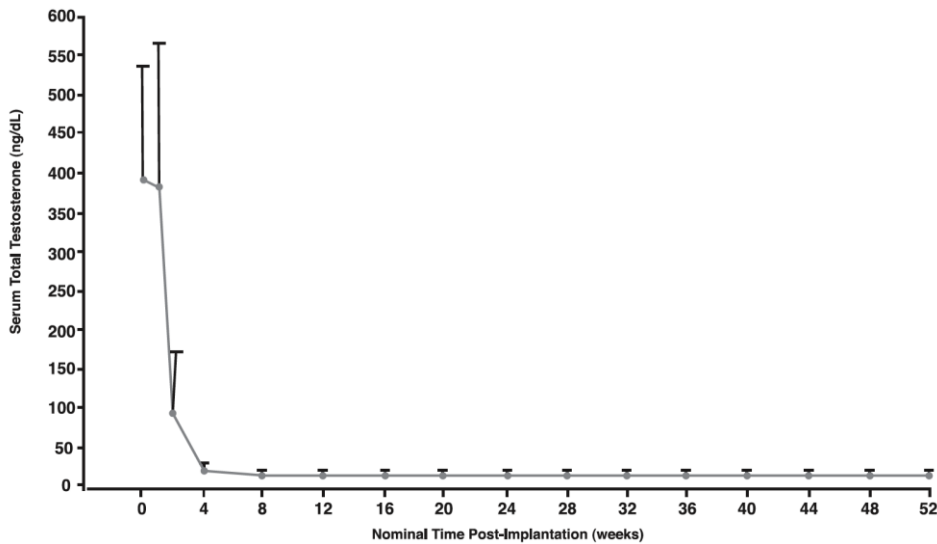
In a subset of 17 patients, serum testosterone concentrations were measured within the first week following initial implantation. In these 17 patients, mean serum testosterone concentrations increased from 376.4 ng/dL at Baseline to 530.5 ng/dL on Day 2, then decreased to below baseline by Week 2, and to below the 50 ng/dL castrate threshold by Week 4 (see Figure 2). Serum testosterone concentrations remained below the castrate level in this subset for the entire treatment period.

**Figure 2:** Mean Serum Total Testosterone Concentrations for all PK Patients, n=17.  
(Note that in this group, sampling began minutes after insertion of VANTAS.)



In the overall treatment group (n=138), mean serum testosterone was 388.3 ng/dL at Baseline. At the time of first assessment of testosterone (at the end of Week 1), the mean serum testosterone concentration was 382.8 ng/dL. At Week 2, mean serum testosterone was 92.2 ng/dL. At Week 4 it was 15 ng/dL. At Week 52, the final mean testosterone concentration was 14.3 ng/dL (see Figure 3).

**Figure 3.** Mean Serum Total Testosterone Concentrations (+SD) for All Patients (n=138) Who Received One VANTAS Implant.  
(Note that in this group, sampling began at the end of Week 1.)



Of 138 patients who received an implant, one discontinued prior to Day 28 when the implant was expelled on Day 15. Three others did not have an efficacy measurement for the Day 28 visit. Otherwise serum testosterone was suppressed to below the castrate level ( $\leq 50$  ng/dL) in all 134 evaluable patients (100%) on Day 28. All three patients with missing values at Day 28 were castrate by the time of their next visit (Day 56).

Once serum testosterone concentrations at or below castrate level ( $\leq 50$  ng/dL) were achieved, a total of 4 patients (3%) demonstrated breakthrough during the study. In one patient, a serum testosterone of 63 ng/dL was reported at Week 44. In another

patient, a serum testosterone of 3340 ng/dL was reported at Week 40. This aberrant value was possibly related to lab error. In two patients, serum testosterone rose above castrate level and the implant could neither be palpated nor visualized with ultrasound. In the first patient, serum testosterone was 669 ng/dL at Week 8 and 311 ng/dL at Week 12. This patient reported strenuous exertion after insertion of the implant and a large scab formed at the insertion site. The implant may have been expelled without the patient's appreciation of the event. The other patient developed erythema at the insertion site at Week 22 and was treated with oral antibiotics. At Week 26, the implant was not palpable and was not visualized with ultrasound. At Week 34, the serum testosterone rose to 135 ng/dL. The implant may have been expelled without the patient's appreciation of the event. A new implant was inserted.

Of 120 patients who completed 52 weeks of treatment, a total of 115 patients had a serum testosterone measurement at Week 52. Of these, all had serum testosterone  $\leq$  50 ng/dL. In patients without a Week 52 value, castrate levels were achieved by Day 28, were maintained up to Week 52, and remained below the castrate threshold after Week 52.

In all 18 patients who prematurely discontinued prior to Week 52 – except one (implant expulsion on Day 15) – castrate levels of serum testosterone were achieved by Day 28 and were maintained up to and including the time of withdrawal.

A total of 113 patients had a new implant inserted for a second year of therapy following removal of the first implant. Of this group, 68 patients had measurement of serum testosterone on Day 2 or Day 3 and on Day 7 after insertion of the second implant in order to assess for the “acute-on-chronic” phenomenon. No acute increase in serum testosterone was seen in any patient in this group following insertion of the new implant.

Serum prostate specific antigen (PSA) was monitored as a secondary endpoint. Serum PSA decreased from baseline in all patients after they began treatment with VANTAS. Serum PSA decreased to within normal limits by Week 24 in 103 of 111 evaluable patients (93%).

Prior to conducting the pivotal study, a Phase 2, dose-ranging study was performed in 42 patients with advanced prostate cancer. Efficacy was assessed by serum testosterone levels as the primary efficacy endpoint. Patients received 1, 2 or 4 implants. The use of 2 or 4 implants did not confer any additional benefit in suppression of testosterone beyond that produced by the single implant.

## **16 HOW SUPPLIED/STORAGE AND HANDLING**

VANTAS (NDC 67979-500-01) is supplied in a carton containing 2 inner cartons, one for the VANTAS implant and one for the VANTAS Implantation Kit:

The VANTAS implant carton contains a cold pack for refrigerated shipment and a small carton containing an amber plastic pouch. Inside the pouch is a glass vial with a Teflon-coated stopper and an aluminum seal, containing the implant immersed in 2 mL of sterile 1.8% sodium chloride solution.

**Upon receipt, refrigerate the small carton containing the amber plastic pouch and glass vial (with the implant inside) until the day of insertion.**

Store the implant refrigerated, 2-8°C (36-46°F), in the unopened glass vial with the sterile 1.8% sodium chloride solution, overwrapped in the amber plastic pouch and carton, until the expiration date provided. Excursion permitted to 25°C (77°F) for 7 days. Protect from light. Do not freeze.

Store the VANTAS Implantation Kit at room temperature only.

The VANTAS implantation kit carton contains one each of the following (individually wrapped in sterile packaging): implant insertion tool, #11 disposable scalpel, syringe with 18 gauge needle, 25 gauge 1.5” needle, mosquito hemostat clamp, povidone iodine swabs, alcohol swabs (2 packages), fenestrated drape, non-fenestrated drape, antiseptic ointment, gauze sponges, surgical closure strips, coated vicryl sutures, adhesive elastic bandage, and lidocaine HCl 1% with epinephrine.

## **17 PATIENT COUNSELING INFORMATION**

**“See FDA-approved patient labeling (Patient Information)”**

An information leaflet for patients is included with the product and should be given to the patient.

## **Patient Labeling**

### **VANTAS® (Van-tas)**

(histrelin acetate) implant

Read the Patient Information that comes with VANTAS before it is inserted and each time another VANTAS is inserted. There may be new information. This information does not take the place of talking with your doctor about your medical condition or treatment.

### **What is VANTAS?**

VANTAS is a drug-delivery system that contains the medicine histrelin and is placed under the skin. It looks like a small, thin flexible tube. After it is placed under the skin, VANTAS delivers histrelin to your body continuously for 12 months. VANTAS may help relieve the symptoms of prostate cancer. VANTAS is not a cure for prostate cancer.

### **Who should not use VANTAS?**

#### **Do not use VANTAS if you:**

- **are allergic to the medicine histrelin** or other medicines called GnRH agonists.
- **are a woman.** VANTAS has not been studied in women and is not for use in women. VANTAS can harm the unborn baby in a woman who is pregnant or may become pregnant. VANTAS may cause a pregnant woman to lose her baby (miscarriage) if used while pregnant.

**Before using VANTAS, tell your doctor about all the medicines you take, including prescription and non prescription medicines, vitamins and herbal supplements.**

It is not known if VANTAS and other medicines can affect each other.

### **How is VANTAS used?**

- VANTAS is placed under the skin of the inside of your upper arm. Your doctor will numb your arm, make a small cut (incision), and then place VANTAS under the skin. The cut will be closed with stitches and special surgical tape and covered with a bandage. Keep your arm clean and dry for 24 hours. Do not bathe or swim for 24 hours. Keep the bandage in place for a few days until the cut heals. Avoid heavy lifting and exercise for 7 days. Avoid bumping the site for a few days. Your doctor will give you complete instructions.
- After it is placed under the skin, VANTAS will give your body histrelin for 12 months. After 12 months, VANTAS must be removed. Your doctor may insert a new VANTAS at this time to continue your treatment.
- Your doctor will do blood tests to check on your response to treatment with VANTAS. For example, your doctor may check your prostate specific antigen (PSA) or testosterone levels.

### **What are the possible side effects of VANTAS?**

**VANTAS can cause an increase in testosterone during the first week after it is inserted.** Your symptoms may get worse during the first few weeks of treatment. You may get new symptoms. Call your doctor right away if you:

- get new or worse bone pain
- get weakness or lose feeling in your legs
- have blood in your urine
- have trouble urinating or cannot urinate

**VANTAS can cause a loss in bone mineral density.** Low bone mineral density can lead to thinning of the bones (osteoporosis).

### **The most common side effects of VANTAS are:**

- hot flashes
- tiredness
- skin reactions at the implant insertion site
- testicles become smaller
- urination problems
- breasts become larger
- erectile dysfunction (impotence)
- constipation

You may have some pain at the insertion site during and after VANTAS is inserted and removed. You may get some bruising and redness at the site. These usually go away without treatment within 2 weeks. Call your doctor if you have unusual bleeding, redness or pain at the insertion site.

These are not all the side effects of VANTAS. For more information, ask your doctor or pharmacist.

**What else do you need to know about VANTAS?**

**VANTAS can be expelled from your body through the original incision site. This occurs infrequently.** You may actually notice the system being expelled, or rarely, the system may be expelled without your noticing it. If you believe VANTAS has been expelled from your body, call your doctor. Also, remember to see your doctor for routine checks on your condition to ensure that VANTAS is present and functioning in your body.

**VANTAS may be difficult to feel under your skin.** If VANTAS cannot be felt under your skin at the time for removal, your doctor may order special tests, such as ultrasound or CT scan, in order to locate it for removal.

**General information about VANTAS**

This leaflet summarizes the most important information about VANTAS. If you would like more information, talk with your doctor. You can ask your doctor or pharmacist for information about VANTAS that is written for health professionals.

Manufactured by:

Endo Pharmaceuticals Solutions Inc.  
Chadds Ford, PA 19317 USA



MedLaunch™ is a Trademark of Endo Pharmaceuticals.  
VANTAS® is a Registered Trademarks of Endo Pharmaceuticals.

©2011 Endo Pharmaceuticals

PK000003 Rev. 07 February 2011